

A program of

Needham Youth Services

A Conversation...

For Parents of Teens

**Talk with other parents about
teen-related issues**

2015/2016 Program Details

- This program is **FREE**
- A light dinner will be served
- Sign up for one night or more
- Groups will be limited to 8 participants per session
- Sessions held in the May-Chapel Room at Needham Town Hall
- All conversations will remain confidential
- Come for information and support
- Come to hear how other parents are coping with similar challenges

**You must register
in advance**

For Additional Information:

[www.needhamma.gov/youth/
aconversation](http://www.needhamma.gov/youth/aconversation)



To Register:

[www.needhamma.gov/youth/
brochure/2015/fall](http://www.needhamma.gov/youth/brochure/2015/fall)

Sponsored by the:

Needham Women's Club

**Want to be a part of a small group of
parents discussing the challenges of
parenting teens in a supportive and
confidential setting?**



**Join Youth Services Director, Jon Mattleman
on the following Tuesdays from 5:30—7:30 pm**

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|----------------------|--|
| October 27th | Teen anxiety, depression, & suicide |
| November 17th | Make peace (and not war) with your teen |
| January 26th | Teen risk-taking behaviors and what parents do about it |
| February 23rd | The hidden dangers of teens & technology: keeping teens emotionally safe online |